

Who Should Apply?

We are seeking a diverse group of highly motivated and enthusiastic men and women to participate in this leadership training. A limited number of participants will be selected with an emphasis on representation from Snohomish County.

- Adults with intellectual/developmental disabilities
- Parents of children (young or adult) with Intellectual/developmental disabilities
- Any other family members (grandparents, adult siblings, etc.)
- Community members/Professionals



Participants are expected to:

- Complete all leadership training courses.
- Participate in monthly video conference calls & weekly topic online discussion board.
- Remain involved in advocacy and complete a project at the end of the leadership development program.
- Assist with or attend the Legislative Forum.

Achieve with us.

What's included:

This will be a multi-modality training, and includes:

- Self-paced online trainings.
- Monthly scheduled video conference call with leadership staff and other participants.
- Weekly online Discussion Board.

Topics will include:

The civil rights movement/history, government systems, community systems, skill building, self-determination training, systems advocacy, as well as developing and implementing community projects.

Apply by May 22
RSVP to Autumn@arcsno.org

Legislative Forum

This is your opportunity to give input to your representatives, and hear their views on supporting individuals with developmental disabilities and their families.

Your personal stories and connections with your legislators can and will make a difference!

Leadership Development Program

Course 1

Legislative Advocacy

Course 2

History of Development Disabilities and the Civil Rights Movement

Course 3

Understanding other Cultures & Communication

Course 4

Special Education

Course 5

Government Resources

Course 6

Family Resiliency/ Siblings

Course 7

Self-Advocacy

Course 8

Accessing & Developing Resources in Your Community

Legislative Forum

*The Arc of Snohomish County
2500 Hewitt Ave. Suite 300
Everett, WA 98201*

Questions?

Contact Autumn Chancellor

Autumn@arcsno.org

425.258.2459 x 107

We invite you to attend this unique opportunity to become a more effective advocate for yourself, your family, and other people with developmental disabilities.

The Arc of Snohomish County is offering this Leadership Development Program for people with developmental disabilities and their families.

What you will gain from participating:

The intent of the project is to train and support individuals in leadership skills and systems advocacy on behalf of people with developmental disabilities and their families.



What Participants Have Said

"Words cannot describe the experience I have gained in this program. The Leadership Development program has given me the confidence and skills to advocate for my daughter."

~Diane P.

"The Arc's program has allowed me to become better at working with people and taught me how to run meetings by myself. I have gained independence from the group."

~Trevor P.



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2020 Leadership Development Program

"Never doubt that a small group of thoughtful committed citizens can change the world; indeed it's the only thing that ever does"
Margaret Mead



Arc Mission Statement

The Arc fosters respect and access for individuals with intellectual and developmental disabilities and their families, giving them the power to achieve a full and satisfying life.