

INCLUSION RESOURCES

Arc of Snohomish County Provides information and support to individuals and families living with intellectual and developmental disabilities. Assists with connecting to inclusive recreation and leisure opportunities. Provides leadership training and connections to leadership roles throughout Snohomish County.

425-258-2459

www.arcnso.org

Everett Parks and Recreation Provides accessible recreational programs and inclusive camps

425-257-8369

jlewis@everettwa.gov

Family Support Centers in Snohomish County:

Promotes inclusive and welcoming communities for all. Assists individuals with developmental disabilities with access to and full participation in their communities.

Darrington Family Support Center 360-436-0308

Familias Unidas Family Support Center 425-513-2880

Lake Stevens Family Center 425-397-7433

Granite Falls Family Center 360-386-9282

Northshore Family Center 425-205-2004

Sky Valley Community Resource Center 360-793-2400

South Everett Neighborhood Center 425-355-6005

Stanwood Camano Com. Resource Ctr. 360-629-5257

Family Center South Snohomish Co. 425-670-8984

Arlington Community Resource Center 360-386-7989

Partnership for Action Voices for Empowerment (PAVE)

Provide information, resources, training, inclusive events, community referrals, support groups and person centered plans.

<https://wapave.org/>

Washington State and National Parks Offer access at reduced or no fee.

www.parks.wa.gov/205/Passes

www.parks.wa.gov/ada-rec/

<http://store.usgs.gov/pass/access.htm>

YMCA of Snohomish County Provides a variety of adaptive recreational programs.

www.ymca-snoco.org

COMMUNITY EDUCATION RESOURCES

Snohomish County Developmental Disabilities Fosters inclusive communities that support people with developmental disabilities to fully participate in and contribute to all aspects of community life. Coordinates efforts with Coalition for Inclusive Communities, Arc of Snohomish County and Family Support Centers to promote inclusion.

425-388-7320

www.snohomishcountywa.gov/dd

KIT: Training Series: Opening Doors to Inclusive Programs: Available in Snohomish County. Each session is two hours in length. See

1. Introduction to Inclusion
2. Respectful Accommodations
3. Supporting Positive Behavior
4. Partnering with Families

For more information contact: *Cheryl Iverson, M.Ed
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*WA State MERIT Approved Trainer
KIT Trainings are STARS approved

Jameson Hope Lending Library: Videos, training materials, books and curriculums available to check out.

www.arcnso.org

Disability Scoop: News stories about people with disabilities

www.disabilityscoop.com

Inclusion: A variety of resources on Inclusion.

www.inclusion.com

Sprout Films: A variety of disability related films.

www.sproutflix.org

Informing Families: Learn about services and connect with other families.

<http://informingfamilies.org/>

Northwest ADA Center: training regarding Americans with Disabilities Act compliance.

800-949-4232

<http://nwadacenter.org/>

Coalition for Inclusive Communities

LIFE OUTCOMES



ALL PEOPLE



Building The Good Life in
Snohomish County Communities

ABOUT US

The Coalition for Inclusive Communities is committed to building community inclusion on behalf of Snohomish County residents living with intellectual and developmental disabilities.

The Coalition believes “disability is a natural part of the human experience* and communities are strengthened when a diverse range of individuals are valued and included.

Building communities of inclusion begins with a willingness to see people with disabilities as assets to the community who, with understanding and support, can achieve a good life the same as everyone else.

*Developmental Disabilities Assistance and Bill of Rights Act of 2000/Public Law 106-402 (10/30/2000).



CIC MEMBERS INCLUDE:

Snohomish County Developmental Disabilities
City of Everett Parks & Recreation
YMCA of Snohomish County
Arc of Snohomish County
North Counties Family Services
Lutheran Community Services Northwest
Northshore Family Support Center
Partnerships for Action Voices for Empowerment (PAVE)
Volunteers of America
Naval Station Everett
Tulalip Tribes
My Village Northwest

THREE LEVELS OF INCLUSION

Inclusion of individuals with disabilities is a value of healthy communities and defined as having three levels.²

1. Physical Integration

Ensures that a person's right to access is recognized and assured (mandated by the Architectural Barrier's Act of 1968 and the Americans with Disabilities Act). This level is a prerequisite to the following two levels of inclusion.

2. Functional Inclusion

Functional Inclusion refers to an individual's ability to function within a given environment. Facility staff members must have adequate knowledge and resources in order to appropriately adapt their activities for this level to occur. Once a community accomplishes the first and second levels of Inclusion, they may then move forward to the third, Social Inclusion.

3. Social Inclusion:

Social Inclusion is the highest level of inclusion; it cannot be mandated, it must be internally motivated. It is defined as “one's ability to gain social acceptance and/or participate in positive interactions with peers during recreation activities.” (Schleien, et al. 1999, as cited in Nolan, 2005)

²Nolan, Catherine Veronica. “Best Practices of Inclusion Services: The Value of Inclusion.” *Access Today*, Winter 2005, Issue 19. National Center on Accessibility. April 27, 2007. <<http://www.ncaonline.org/monographs/19inclusion.shtml>>.

COMMUNITY PARTNERSHIPS

It is well documented that “empowering individuals with developmental disabilities to become valued and active members of their communities through involvement in community-based leisure settings” while facilitating meaningful relationships between people with and without disabilities, makes communities stronger.

The Coalition recognizes that most organizations and municipalities have mission statements and strategic plans that embrace principles that value people of different abilities and cultures.

STRATEGIES, DIRECTION & ACTIONS

Creating a community of inclusion requires a mobilization of its members to be inclusive to all and empower individuals to become valued, active members of their communities.

The Coalition for Inclusive Communities vision is to:

- Enhance and build on existing assets
- Empower people to become valued and active members in their communities
- Partner, collaborate and work with the community to promote inclusive opportunities and develop resources.
- Collaborate with local diversity councils, organizations and municipalities to promote inclusion.
- Serve as a training and educational resource to promote inclusion for individuals with disabilities.

425-388-7320
ddinfo@snoco.org