Building Inclusive Communities
The Arc fosters inclusive communities that support people with developmental disabilities to fully participate in and contribute to all aspects of community life. The Arc provides information, has a variety of resource materials and trainings available to promote inclusion.

Promoting Accessible & Coordinated Transportation System
Community advocates participate on a variety of transportation committees in order to educate the community about the transportation needs and concerns of individuals with developmental disabilities.

Promoting Affordable, Accessible and Safe Housing Options
The Arc participates on a variety of housing committees; provides information, guidance and counseling to assist individuals to increase their independent living skills and access affordable housing.

Adult Caregiver Support Group
Interactive meetings with featured speakers on topics impacting families who have an adult son or daughter with disabilities. Meetings are the third Wednesday of the month (Sept thru June), 11am to 12:30pm at The Arc office. 425-258-2459 x113

The Arc of Snohomish County
2500 Hewitt Ave. Suite 300
Everett, WA 98021
425-258-2459
www.arcsno.org

Informing Families
Informing Families provides news, information and age-related topics in an interactive website designed to assist individuals and families in building a support network and planning for the future. Provided by Washington State DDC, DDA and other statewide partners.

Disability Rights of Washington
A non-profit organization that protects the rights of individuals with disabilities and provides information, referral and training regarding disability rights (including special education).

Mission Statement
The Arc fosters respect and access for individuals with intellectual and developmental disabilities and their families, giving them the power to achieve a full and satisfying life.

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Achieve with us.
Person-Centered Planning:
The process of creating a life-vision by focusing on the whole person, rather than one’s disability and available services.
Planning results in a highly personalized, goal-oriented roadmap designed to achieve community involvement and inclusion, self-determination, and maximum independence.

Charting the LifeCourse Program
Charting The LifeCourse is a resource offering person-centered planning tools to help individuals and their families explore options for a good life, including, but not limited to: employment, continuing education, community living, spirituality, safety, technology and self-advocacy.

This strengths-based approach encourages planning and review early and often, skill and resource development, as well as self-determination.

Tools and training are available through The Arc’s Special Education Coordinator or Snohomish County Developmental Disabilities Administration.
http://supportstofamilies.org/resources/lifecourse-toolkit/

For information on The Arc programs, or to join our mailing list, contact:
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www.arcsno.org